



HERNIA-COLORECTAL INTENSIVE COURSE

4 Day Combined Course

JANUARY 20 - 23, 2026

JAN 20

INGUINAL HERNIA

8:50 AM

Registration

9:00 AM

Introduction to IRCAD

Welcoming participants

9:20- 9:50 AM **Lecture**

Classification and anatomy

9:50-10:20 AM **LIVE OR PRE-RECORDED SURGERY**

TAPP

TEP

10:30 AM **Coffee Break**

11:00 AM - 12:00 PM **THEORETICAL SESSION**

Inguinal Hernia

TAPP vs TEP

How to prevent Complications

Methods to reduce costs (Frugal
Hernia Repair)

12:00 PM **Lunch Break**

12:45 PM PRE-LAB SESSION: Animal Anatomy and definition of
procedures to be done (in the Auditorium)

1:00 - 5:00 PM **PRACTICAL SESSION**
HANDS-ON TRAINING ON LIVE TISSUE

Suturing techniques

Needle handling

Replicated Side to side bowel anastomosis

5:00 PM

END OF SESSION

JAN 21

INCISIONAL & VENTRAL HERNIA

8:45 AM Evaluation of previous day

9:00 - 9:25 AM **INCISIONAL HERNIA REPAIR**

9:30 - 10:30 AM **LIVE OR PRE-RECORDED SURGERY**

How to manage complications -Ventral Hernia cases

10:30 AM **Coffee Break**

11:00 - 11:30 AM **THEORETICAL SESSION**
ATYPICAL ABDOMINAL WALL DEFECTS

Subcostal
Lumbar hernia
Lateral hernia

11:30 AM - 12:00 PM **COMPLEX HERNIA REPAIR**

Group picture in the auditorium

12:10 PM **Lunch Break**

1:10 PM **PRE-LAB SESSION:** Animal Anatomy and definition of procedures to be done (in the Auditorium)

1:15- 5:00 PM **PRACTICAL SESSION HANDS-ON TRAINING ON LIVE TISSUE**

TAPP
Incisional hernia Repair
Sutured and Tacker
Ureter Identification
Bowel resection and suture

5:00 PM **END OF SESSION**

JAN 22

MIS COLORECTAL ONCOLOGY DISEASE

9:00- 9:30 AM THEORETICAL SESSION

How to safely start a Laparoscopic Colorectal Program

9:30 -10:30 AM LIVE OR PRE-RECORDED

- Right hemicolectomy

10:30 AM Coffee Break

11:00 AM - 12:00 PM THEORETICAL SESSION - Colon / Rectum

- Left hemicolectomy
- TME

12:00 PM Lunch Break

12:45 PM PRE-LAB SESSION: Animal Anatomy and definition of procedures to be done (in the Auditorium)

1:00 -5:00 PM PRACTICAL SESSION

HANDS-ON TRAINING ON LIVE TISSUE

- Laparoscopic right hemicolectomy
- Laparoscopic ileocolic anastomosis
- Bowel resection and suture

5:00 PM END OF SESSION

JAN 23

COLORECTAL MIS BENIGN DISEASE

8:50 AM Evaluation of previous day

9:00-10:30 AM LIVE OR PRE-RECORDED SURGERY

- Laparoscopic Total Colectomy for Emergency Conditions
- VAAFT - Video-Assisted Anal Fistula Treatment

10:30 AM Coffee Break

11:00-11:30 AM EPSiT - Endoscopic Pilonidal Sinus Treatment

11:30-12:00 PM Intra- and Postoperative Complications

12:00-12:30 PM Augmented fluorescence imaging for nodes vessel assessment

12:30PM Lunch Break

1:00 PM PRE-LAB SESSION: Animal Anatomy and definition of procedures to be done (in the Auditorium)

**1:30 PM - 5:00 PM PRACTICAL SESSION
HANDS-ON TRAINING ON LIVE TISSUE**

- Laparoscopic left hemicolectomy
- Laparoscopic TME
- Laparoscopic end-to-end anastomosis
- Bowel resection and suture

5:00 PM END OF SESSION

8:00 PM Dinner in honor of participants



MEMBERS
+500,000

VIDEOS
+5,000

AUTHORS
+3,000

LANGUAGES
7

online university of the IRCAD, specialized in

WebSurg (World Electronic Book of Surgery) is a **free online university created by IRCAD** for surgeons, by surgeons. It has become the leading international online reference for training in minimally invasive surgery, boasting over 500,000 members worldwide and offering more than 5,000 videos across 10 different specialties. Register now to access this extensive resource and enhance your surgical skills.



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How to get to IRCAD AFRICA

GETTING TO THE INSTITUTE COULDN'T BE EASIER



KIGALI INTERNATIONAL AIRPORT TO IRCAD AFRICA 21min (12KM)

IRCAD AFRICA PARTNER HOTELS

Phoenix Apartment

15min (9.4KM)

phoenixapartment.rw

Radisson Hotel

35min (14KM)

Radissonhotels.com

HERNIA AND COLORECTAL COMBINED COURSE
ENGLISH-SPEAKING COURSE / LIMITED TO
30 PARTICIPANTS

First name.....

Gender

Professional address

Zip code

City Country.....

Course :

Early Bird Special: Save \$200! After January 5, the regular price of \$2,000 will apply. Don't miss out on this exclusive offer

Accommodation :

☐ Phoenix or Lebanon or Five to Five - \$70/night ---- indicate total number of nights

☐ Radisson Blu - \$185/night ---- indicate total number of nights

- *a single room, breakfast and transport to the center included in the accommodation options*
- *Lunch and Coffee break included (served at the IRCAD Africa center)*

Please bill my credit card ☐ VISA ☐ MC ☐ AMEX

N° | | | | | | | | | | Expiry Date || / | | Security code | | | | |

☒ I accept the cancellation policies (See page 2)

Name & Signature:

- Theoretical sessions
- Live or pre-recorded operative demonstrations
- 5 half-days of hands-on sessions on live tissue
- Coffee breaks and lunches
- One dinner

IRCAD Africa is in compliance with Rwanda's data protection law.
Law No 058/2021 of 13/10/2021 relating to the protection of
personal data and privacy.



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